

Maureen Clancy is a licensed therapist and trauma expert for the past 20 years helping women go through enormous life changes who've also experienced childhood trauma.

She's the creator of the Gate Passages Framework, a structured, bottom-up approach to healing trauma and going through major life changes. She's certified in EMDR and trained in Sensorimotor Psychotherapy (certification in progress), Internal Family Systems, and AEDP. She combines therapy with Reiki, Tarot, and flower essences.

She's a certified NASW clinical supervisor for social workers seeking advanced clinical certification and runs supervision groups for newer therapists looking to gain skills in treating trauma. She's presented on trauma and self-care at Rutgers University Graduate School of Social Work and Limerick Institute of Technology School of Social Care (County Clare, Ireland). She's a certified yoga teacher (200-hour), 20-year meditator, self-taught artist and potter.

She is based in the NY metro area. She loves to garden, play pickleball, and feed people. She can be found at [maureen-clancy.com](http://maureen-clancy.com)